

# **Prophylactic Cranial Irradiation**

---

## **Perspectives, and Lessons Learned**

**Minesh Mehta, MD, FASTRO**

**Professor, University of Maryland  
Medical Director, Maryland Proton Treatment Center  
October, 2015**

# Conflicts of Interest

---

- **Consultant: BMS, Cavion, Elekta, Novartis, Novocure**
- **DSMB: Monteris**
- **Research Funding: Novocure, Cellerar**
- **Board of Directors of Pharmacyclics**
- **NRG Brain Tumor Committee Chair**

# Lessons from SCLC

- PCI improves intracranial control.
  - BOTH limited and extensive stage (well-selected)
- Increased intracranial control improves OS
- In the 1999 NEJM metaanalysis, 3 year intracranial control improved by 25% and OS3 improved by 5%
- NCF is relatively well preserved with conventional doses and schedules
  - BUT starts declining when 36 Gy or more is used (RTOG 0212)

# All PCI NSCLC Trials Show Benefit

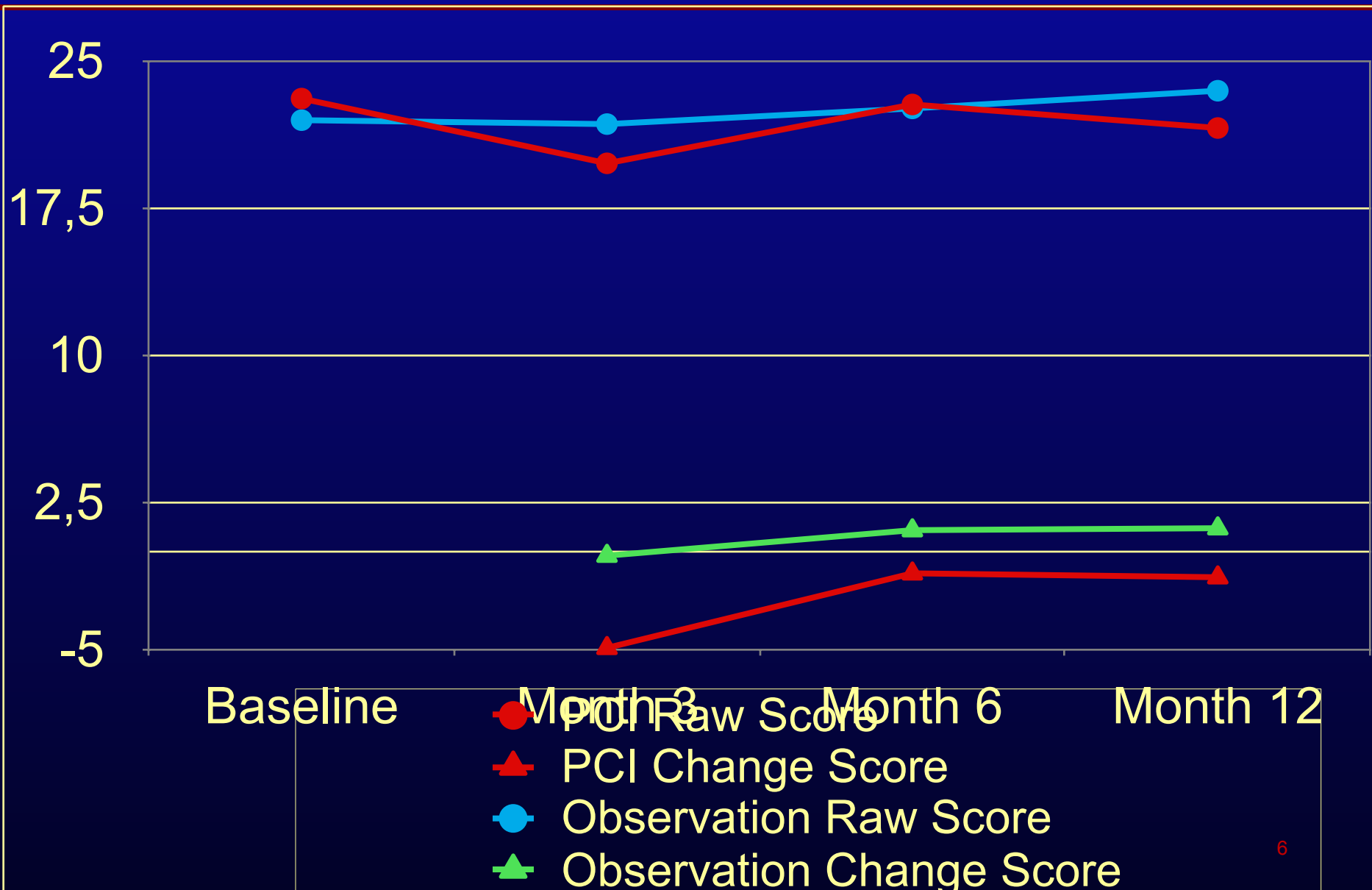
Study	N	CNS Failures		p value
		No PCI	PCI	
<b>VALG</b> , JAMA 1981	281	13%	6%	0.04
<b>MDACC</b> , J Neuro-Onc 1984	97	27%	4%	0.002
<b>RTOG 8403</b> , IJROBP 1991	187	19%	9%	0.1
<b>Pottgen et.al</b> , JCO 2007	112	24%	9%	0.02
<b>Movsas et.al</b> , ASTRO 2009	340	18%	8%	0.004
<b>Cumulative Experience</b>	1017	13-27%	4-9%	

Prospective Randomized Trials of PCI in NSCLC

# Lessons from 0214

- 50% 6 month compliance with HVLT completion
  - 50% loss of data!
- The MMSE is an insensitive tool
- Memory declines early, and can exhibit some recovery! Is it biphasic?
  - Implicates an “early responding” cell population
- Memory decline does not translate to sustained QOL deterioration

## HVLT-R: Early Decline Followed by Some Recovery



# What Options Other than WBRT Exist?

- Limit PCI to well-defined very high-risk subpopulations
- **Modulate negative effects of WBRT**
  - Pharmacologic, e.g. Brown, et al, RTOG 0614, NeuroOnc, 2013, Rapp, et al, Donepezil, JCO 2015
  - Dosimetric, e.g. RTOG 0913, HAWBRT, Gondi, et al, JCO, 2014
- Novo-TTF: *Investigational*
- BBB-penetrating chemotherapy, e.g. temozolomide: *Off-label use*
- BBB-penetrating targeted agents for tumors harboring driver mutations, e.g. erlotinib for EGFR+ NSCLC, etc. *Off-label use*
- Non-BBB approaches such as Ipilimumab: *Hypothetical*

# RTOG 0614: Time to Cognitive Decline

- **Time to cognitive decline**
  - Longer for memantine arm (HR 0.78; 95% CI, 0.62 to 0.99;  $p=0.02$ )
- **Memantine improved probability of cognitive preservation at 24wk**
  - 30.6 vs 19.7% for placebo

**Investigational**



# 0933: HVLТ Results

- Probability of HVLТ deterioration as *defined by the Reliable Change Index*:

HVLТ	2 mo	4 mo	6 mo
Total Recall	30.8%	<b>19.0%</b>	13.8%
Recognition	35.8%	11.9%	3.6%
Delayed Recall	30.2%	33.3%	17.2%

- MDACC: Probability of HVLТ Total Recall deterioration at 4 mos

SRS alone    **24%**    **SRS+WBRT**    **52%**



# 0933: HVLТ Results

- Probability of HVLТ deterioration as *defined by the Reliable Change Index*:

HVLТ	2 mo	4 mo	6 mo
Total Recall	30.8%	<b>19.0%</b>	13.8%
Recognition	35.8%	11.9%	3.6%
Delayed Recall	30.2%	33.3%	17.2%

- MDACC: Probability of HVLТ Total Recall deterioration at 4 mos

**SRS alone 24%**

**SRS+WBRT 52%**

## Phase II/III Trial of PCI with or without Hippocampal Avoidance for Small Cell Lung Cancer

Primary Objective: Determine whether hippocampal avoidance during prophylactic cranial irradiation (HA-PCI) mitigates HVLT-R delayed recall decline from baseline to 6 months, as compared to PCI for patients with small cell lung cancer.

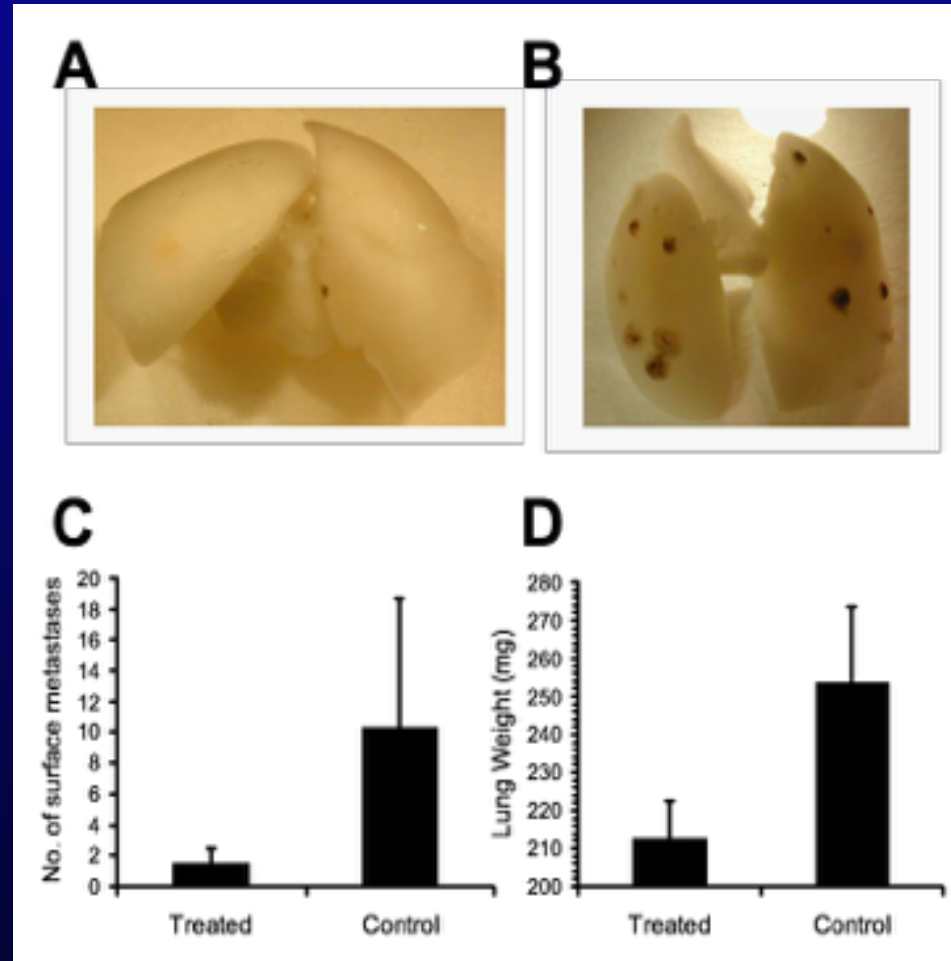
Eligibility: Limited- or extensive-stage SCLC with no brain metastases status post chemotherapy +/- thoracic RT with no evidence of progression

R E G I S T E R	HVLT-R scores must be sent to HQ for evaluation of eligibility.	S T R A T I F Y	<b>Stage:</b>  1) Limited 2) Extensive	R A N D O M I Z E	PCI Alone (25 Gy in 10 Fractions)
			<b>Age:</b>  1) <60 2) ≥60  <b>Baseline Cognitive Impairment:</b>  1) Yes 2) No		PCI with Hippocampal Avoidance using IMRT (25 Gy in 10 Fractions)

# In Vivo TTFields Prevent Metastasis

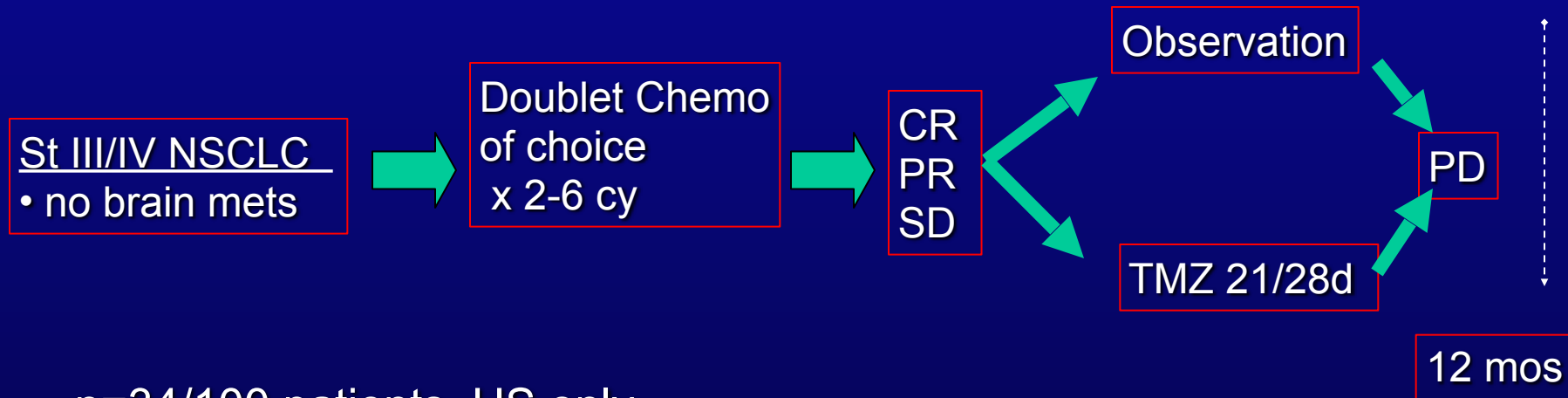
- Mice tail veins injected with melanoma cells
- TTF to lungs for 7-14 d
- TTF lowered met count

**Investigational**



*Kirson et al., Clin Exp Metastasis 2009*

# Phase IIR Study of TMZ vs Observation in Stable or Responding Stage III/IV NSCLC PO5146



n=34/100 patients, US only  
25/26 sites

Stratifications: Avastin, Yes or no; SD vs PR/CR; Stage III vs Stage IV

Endpoints:

Primary: incidence of brain mets at 12 mo post initiation of CTX

Secondary: Survival, toxicity, TT Brain mets, TTP, QOL